

Using Transana 2.20 Software for Counselor Training and Self-Supervision

A collaboration between:

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Problem: Counselors want more supervision than their supervisors can realistically provide. Reviewing video or audio recordings of sessions is time consuming. Finding time to do this with a supervisor is often impossible. As a result, many counselors go without adequate supervision due to complexities of working with multi-media data and other demands for clinic time and space.

Solution: This pilot study will test the feasibility of using Transana 2.20 as a tool for counselor training and self-supervision. Transana is a free, open source software program for analysis of audio and video data. The software provides a neutral, online interface for counselors to reflect on their work and identify segments of the session to discuss in supervision. Version 2.20 was collaboratively developed by Drs. Sheon and Woods as a tool for analyzing counseling.

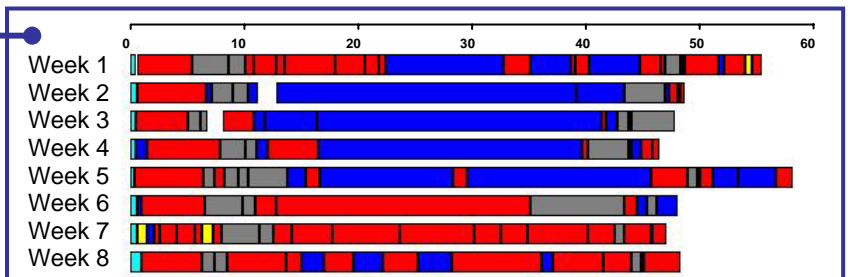
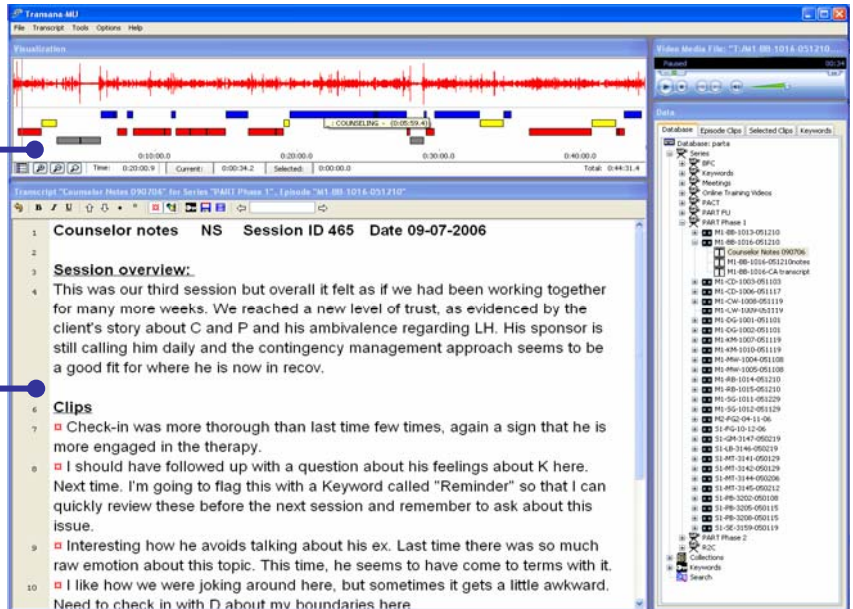
Incentives: This study will test the feasibility of training Stonewall counselors to record, listen to, segment, label, and annotate their own sessions. The study will compare several incentive structures in which counselors will be paid to review their own sessions, thereby providing a novel form of self-supervision that complements other CET modalities.

Significance: This pilot study will help us generate protocols for using Transana as a training and supervision tool that will have relevance for other clinical settings, such as HIV prevention case management, counseling and testing, prevention for positives, and other services. Transana can also be used to provide data on quality assurance and protocol adherence.

The counselor digitally records the session and uploads the file onto a secure database. While listening to the session, the counselor highlights interesting segments and creates color coded clips of the recording.

The counselor and/or supervisor annotate the clips. Clicking on the notes or the colored labels plays the clip. Because the notes and labels are linked to the audio, no transcription is needed. These notes are useful for supervision and case presentations.

Transana generates time charts showing the sequence and distribution of coded segments over multiple sessions. This allows the counselor, supervisor, or client to visualize patterns and trends in counselor-client process.



For more information about the study, please contact Nicolas.Sheon@ucsf.edu (415) 597-9109